

ORIENTATION PACKAGE











WELCOME

We are thrilled to have you join our Cambria family! This is the beginning of an exciting journey where you will learn, grow, and achieve great things. Our team is here to support and guide you every step of the way. Get ready to explore new opportunities, make lifelong connections, and shape your future. Welcome aboard!



YOUR SUPPORT CREW



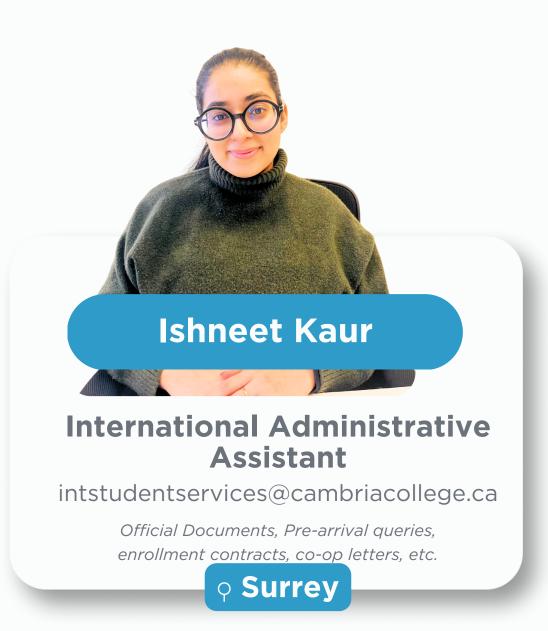
Shefali Shrivastava

Campus Administrator

info@cambriacollege.ca

Textbooks, Facilities & Student Resources, Student Support Services

○ Surrey





Chesca Lasala

Campus Administrator

chesca.lasala@cambriacollege.ca

Textbooks, Facilities & Student Resources, Student Support Services



YOUR SUPPORT CREW







Indigenous Communities in BC





INDIGENOUS COMMUNITIES IN BC

- British Columbia is home to over 200 distinct Indigenous nations, each with its own unique culture, language, and traditions.
- Indigenous peoples include the First Nations, Métis, and Inuit peoples.



Treaties and Indigenous Rights

- Treaties are agreements between Indigenous peoples and the Crown, outlining land rights and governance.
- In BC, only some Indigenous nations have signed modern treaties, while others continue to work toward recognizing their land and self-governance rights.

History of Residential Schools

- From the late 1800s until the 1990s, Indigenous children were forced to attend residential schools, where they were separated from their families and communities.
- These schools were designed to assimilate Indigenous children into Western culture, often resulting in emotional, physical, and cultural harm.
- The Truth and Reconciliation Commission (TRC) was established to document the impacts of residential schools and promote healing.



Transitioning to Life in BC





HOUSING OPTIONS:

Homestay: \$600-\$1,200/month

Shared Apartments/Basements: \$800-\$1,500/month

Private Apartments/Basements: \$1,600-\$3,000/month

Cambria Student Housing Support Partners:









TENANCY RIGHTS

Tenancy Agreement

- Landlords must prepare a written agreement for every tenancy.
- If you don't understand it, seek advice from someone you trust, especially if English is not your first language.

Right to Dispute Problems

- Tenants can dispute issues like eviction notices.
- Dispute resolution is the formal process for resolving conflicts and should be the last resort.



Quiet Enjoyment

- Tenants have the right to live peacefully without unreasonable disturbance.
- This includes reasonable privacy and freedom from disturbances. It's also your responsibility to maintain quiet enjoyment.

Illegal Lockouts

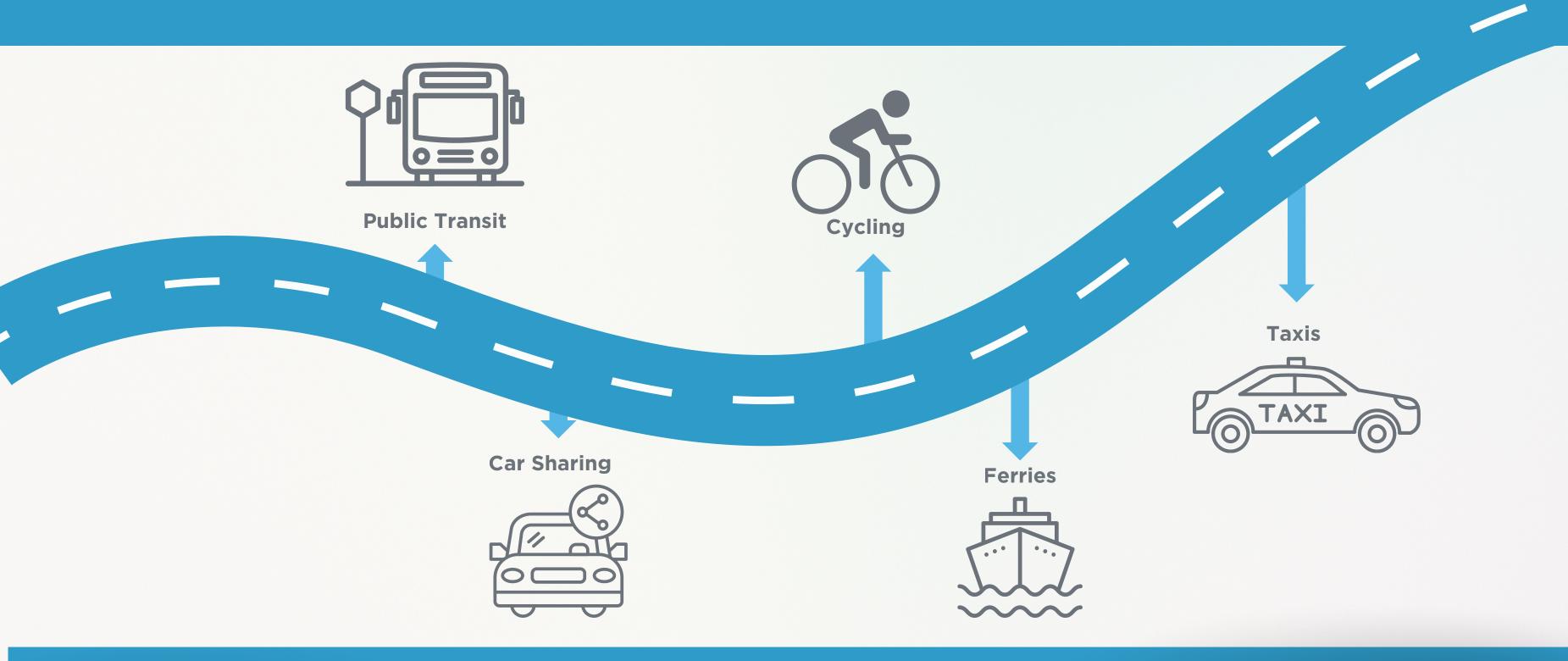
- Locking a tenant out of their rental unit is illegal.
- Tenants should always have access to essential belongings like money, medication, and identification.

No Physical Removal by Landlord

• Landlords cannot physically remove tenants or take personal property without a court order.



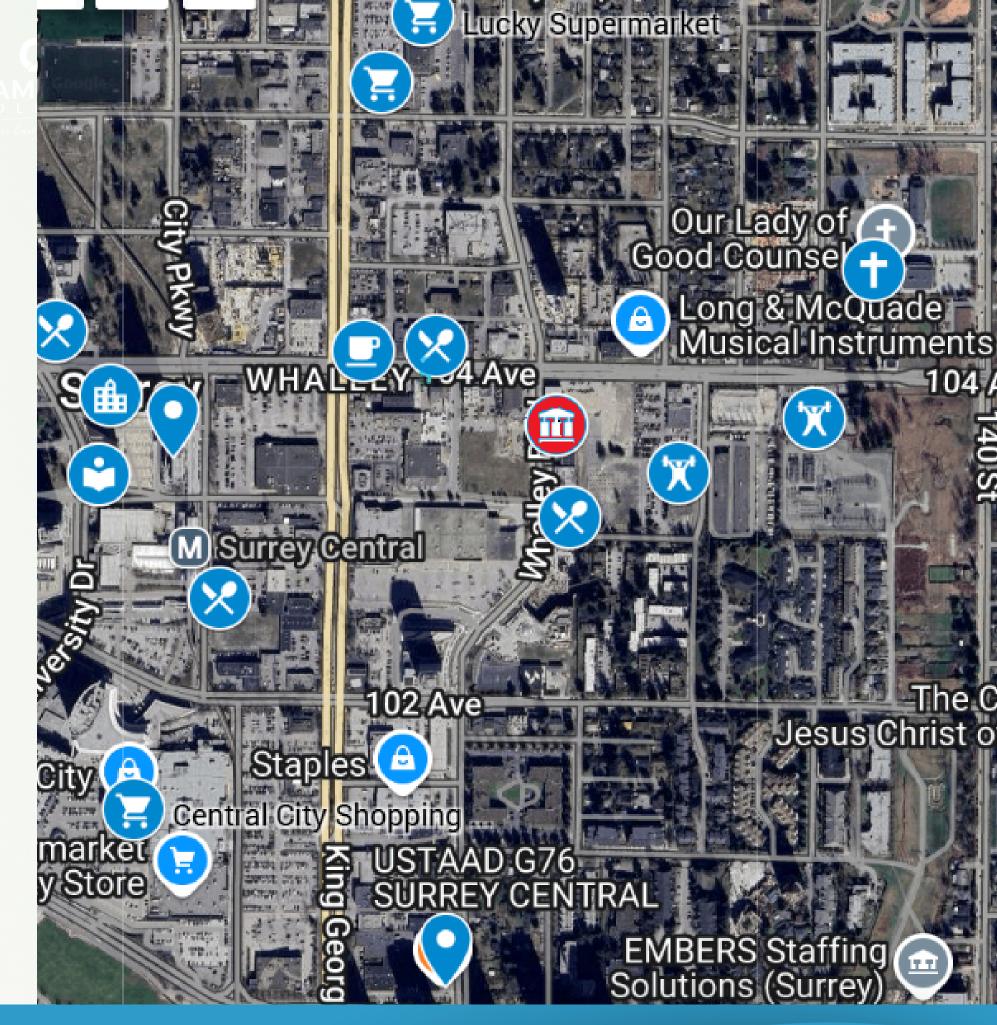
GETTING AROUND





EXPLORE CAMPUS & BEYOND

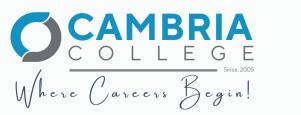
Everything You Need Nearby!





1 Grocery Stores:	 Surrey Super Market Walmart Supercenter Lucky Supermarket Save-On-Foods
2 Libraries & Study Spaces:	• City Centre Library
3 Parks & Outdoor Spaces:	Holland ParkTom Binnie Park
4 Community & Recreation Centers:	 Chuck Bailey Recreation Centre North Surrey Recreation Centre
⁵ Shopping Centers:	Central City Shopping Centre
6 Restaurants & Cafés:	 Bon Ga Korean Restaurant (Korean cuisine) Pho Hong Vietnamese Restaurant (Vietnamese pho & dishes) Hot Pan Pizza Surrey (Pizza & fast food) Yummy Slice Pizza (Pizza & quick bites) Sushi King George (Japanese sushi & rolls) AHA Indian Food Paradise (Authentic Indian cuisine) Ustaad G76 Surrey Central (Indian & Pakistani dishes)





1 Grocery Stores:	Market on YatesFairway Market
² Libraries & Study Spaces:	 Greater Victoria Public Library – Central Branch UVic Downtown Campus Library
3 Parks & Outdoor Spaces:	Victoria Inner HarbourThunderbird Park
4 Community & Recreation Centers:	Victoria Athletic Club
5 Shopping Centers:	The Bay CentreVictoria Public Market at the Hudson
6 Restaurants & Cafés:	 Red Fish Blue Fish Jam Café Tim Hortons Starbucks Blenz Coffee Habit Caffe





Living Costs in British Columbia

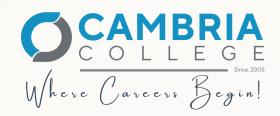
Note: These costs are estimates based on current market prices and can vary depending on your lifestyle and the city in which you live. Urban centers like Vancouver and Victoria typically have higher living costs compared to other regions. These values are subject to change, and the aim is to provide students with an estimate to help plan their expenses when investing in higher education.

Category	Estimated Cost	Details
Housing	CAD \$600 - \$3,000	- Shared Apartments: CAD \$800 - \$1,500 - Private Apartments: CAD \$1,600 - \$3,000 - Homestay: CAD \$600 - \$1,200
Utilities	CAD \$50 - \$150	Includes electricity, heating, water, internet, and cable.
Public Transport	CAD \$85 - \$193.80	Costs depend on your travel area TransLink (Greater Vancouver): CAD \$107.30 - \$193.80 (monthly pass, zone-based pricing) - BC Transit (Victoria): CAD \$85 (adult), CAD \$45 (concession)
Food/Groceries	CAD \$150 - \$800	Grocery costs vary based on personal preferences and dining habits.
Mobile/Internet	CAD \$60 - \$150	Mobile phone plans and internet charges depend on the service provider and data plan chosen.
Health Insurance	CAD \$75 per month (private)	BC MSP after 3 months of residency. Private health insurance covers the waiting period.



Student Health, Safety and Well-being





MENTAL HEALTH & WELLNESS POLICY

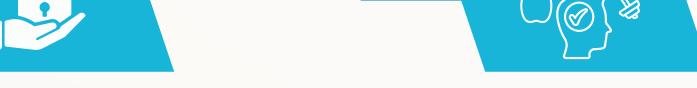








Confidentiality & Privacy





Promote Healthy Habits

Advocate for Wellness



Follow Substance Use Policy



Take Accountability & Report Concerns

For more details, please refer:

STUDENT HANBOOK (pg 17 & 18)



Mental Health Resources



HealthLink BC

Comprehensive mental health information and support.

<u>Virtual Mental Health Supports</u>

Online services for anxiety, depression, and more.

CMHA BC Division

Support groups and educational programs.

Crisis Support Lines:

- Mental Health Support Line: 310-6789 (24/7)
- BC Suicide Crisis Line: 1-800-SUICIDE
- Kids Help Phone: 1-800-668-6868
- Alcohol & Drug Info: 1-800-663-1441

Here to Help

Self-help resources and personal stories.

BC Overdose Awareness

Overdose prevention and naloxone access.

Kelty Mental Health

Resources for families and peer support.



In case of an emergency, dial 911 for police, fire, or ambulance services. For non-emergencies, contact local authorities directly.



INSURANCE REQUIREMENTS

All international students in programs of 15+ weeks must provide proof of health insurance for their entire stay at Cambria College. You can choose your provider or opt for StudyInsured™.



- Basic coverage (e.g., doctor visits, hospital services)
- Starts after 3 months of residency in BC
- Mandatory: Students must pay for MSP services

StudyInsured™ Coverage

- Extended insurance (Silver, Gold, Discover Canada plans)
- Custom plans to fit student needs & budgets
- Partnered with Cambria College for global coverage
- Learn more: <u>StudyInsured.com/CambriaCollege</u>



1

Arrive in British
Columbia and
ensure you are
eligible for
MSP.

2

Complete MSP
Application
online or at an
MSP Service
Centre.
Visit here

3

Provide
Documents
(e.g., study
permit, proof of
residence in
BC, passport).

4

Wait for MSP
approval
(coverage may
take up to 3
months).

While waiting, make sure you have private insurance.

5

Receive MSP card and activate coverage once approved.

MSP ENROLLMENT PROCESS:

Learn more: www.gov.bc.ca/msp





AWARENESS ON SCAMS TARGETING INTERNATIONAL STUDENTS

Fake Immigration Consultants

How to stay safe: Only consult IRCC-approved immigration consultants. Verify credentials on the Government of Canada website.

SIN Fraud (Social Insurance Number Scam)

How to stay safe: Never share your SIN over the phone or email. Government agencies will never call or threaten you for your SIN.

Tuition & Scholarship Scams

How to stay safe: Verify scholarship offers directly with the college or official government websites.



Housing & Rental Scams

How to stay safe: Always visit the property in person, avoid cash payments, and use trusted rental websites.

Phone & Email Scams

How to stay safe: Government and banks never demand payments over the phone. Hang up and verify directly with the institution.



Employment Information & Rights in BC







What You Need to Work Off-Campus?

- Valid Study Permit
- Full-Time Enrollment in a diploma program at Cambria College
- Not on Authorized Leave

Working as an International Student

How many hours can you work?

- During Regular Classes: Up to 24 hours per week Can work more than one job as long as you meet the study permit conditions
- During Co-op: Full time Can work full time as long as the job is directly related to the co-op program
- During Winter Breaks: Unlimited hours Full-time student status before and after break required to work unlimited hours
- More information: https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/work/work-off-campus.html



Taxation

& SIN Number

Note:

- Employers automatically deduct income tax, Canada Pension Plan (CPP), and Employment Insurance (EI) from paycheques.
- Students must file an income tax return each year, even if they have no income.
- Depending on tax deductions and income, students may receive a refund or owe additional taxes.

Social Insurance Number (SIN):

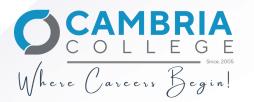
 Required for all students working in Canada.
 Essential for filing taxes and receiving payments

Taxation:

- Tax Year: January-December
 Deadline: April 30 (next year).
- Documents Needed: SIN/ITN, tax slips (T4, T2202A), rent/medical/donation receipts, CRA notices.
- Residency Status: Verify residential ties to Canada before filing.

Filing Options

- Free Tax Clinics: Find here.
- Online tools: Wealthsimple
- Missed Deadline? You can file late but may incur penalties and interest for unpaid taxes.



Minimum Wage

& Pay Conditions

Visit **here** for more detailed information!

BC Minimum Wage:

- Current Rate: \$17.40 per hour (as of June 1, 2024).
- Each province in Canada has its own minimum wage, based on the employer's location, not the employee's residence.
- Employers cannot legally pay less than the minimum wage but may offer higher wages.

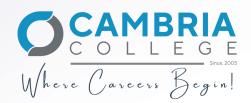
Overtime Pay:

- Applies after 8 hours/day or 40 hours/week.
- Paid at 1.5 times the regular wage.

Holiday Pay:

- Entitled to statutory holiday pay for qualifying holidays
- To qualify, employees must:
 - Have been employed for 30 calendar days.
 - Have worked at least 15 of the last 30 days before the holiday.

To learn more, click on this



Workplace Rights

& Conditions

Equal Rights:

 Same rights as Canadian workers under the Employment Standards Act (ESA)

Health and Safety:

- Right to a safe working environment
- Right to refuse unsafe work without penalty

Overtime:

 Entitled to overtime pay after 8 hours/day or 40 hours/week

To learn more, click on this



Employer Responsibilities

Work Permits:

 Employers must ensure students have the proper work permits (study, coop)

Legal Compliance:

Employers must adhere to BC
labor laws such as minimum wage,
overtime pay, and health and
safety regulations

To learn more, click on this



Student Policies

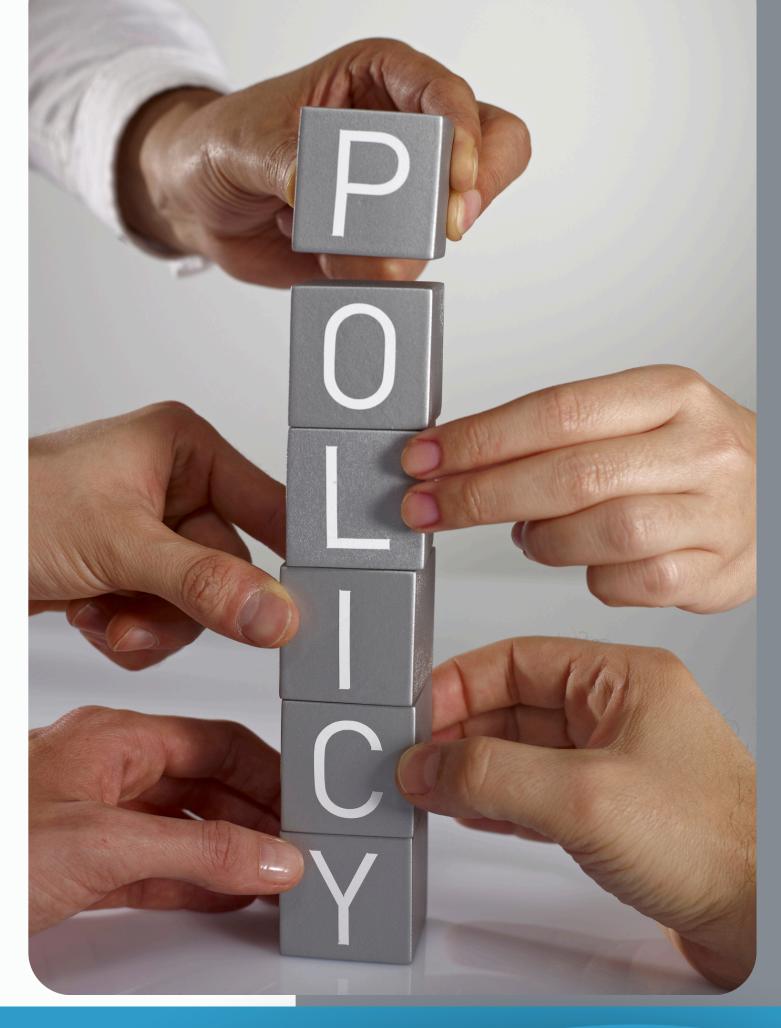






Attendance Policy

- Attendance while studying at Cambria College is crucial to your success. You
 must maintain a minimum of 70% attendance in all courses as well as overall in the
 program.
- If you are not able to attend class, you are required to notify your instructor via email within 2 hours before the class starts.
- NOTE: This does not constitute an excused absence.
- You are expected to be in attendance for the entire session of your classes, every day that a class is scheduled.
- Excessive absenteeism may greatly affect your success in this program and could result in disqualification from work experience placement.
- Violation will result in verbal, written warnings and possible dismissal from the program.
- Attendance is tracked and reported to IRCC.





Academic Policies

- To graduate, all students must achieve a minimum final grade of a 60% in each course.
- You must complete and submit all assignments in every course.
- Any extended deadlines or exam retakes must be approved by the Campus Director.





Dispute Resolution Policy



- Complaint Submission Complaints must be submitted in writing to your Campus Director.
- No Retaliation Students will not face retaliation for making a complaint.
- Initial Review Campus Director reviews complaints within 5 school days and schedules a meeting with the student.
- Investigation Campus Director investigates concerns within 10 school days (extendable if necessary).
- Outcome Determination Decision will be made whether concerns are substantiated or not.
- Written Report A written summary and actions will be provided to the student and placed in relevant files.
- Timely Response Written reasons for the determination will be given within 30 days.
- External Appeals If dissatisfied, students can file a complaint with the Private Training Institutions Branch within 1 year (for PTRIU-approved programs).



Student Handbook

https://cambriacollege.ca/student-handbookpolicy-manual/





WELCOME TO YOUR NEW JOURNEY!

